A logo with flowers and birds

AI-generated content may be incorrect.

**🔔 Herbal Therapy Disclaimer 🔔**

Always consult your doctor before including medicinal plants in your diet or using them on your skin, especially if you are ***taking any medications, have recent or have an upcoming surgery, have a blood disorder (clotting or bleeding risk), or are pregnant.***

**Please read before purchasing:**

**🌿 Not Medical Advice:**

This product and its accompanying information are not intended to diagnose, treat, cure, or prevent any disease.

**⚠️ Individual Reactions May Vary:**

Herbal products can interact with medications or underlying conditions. Discontinue use and seek medical attention if you experience adverse effects.

**🧪 Quality & Regulation:**

These therapies are not evaluated by the FDA for safety or efficacy. We strive for high-quality sourcing, but results are not guaranteed.

**📦 Use as Directed:**

Follow dosage and usage instructions carefully. Keep out of reach of children and pets.

**By purchasing, you acknowledge and agree to this disclaimer and assume full responsibility for your health decisions.**

A logo with flowers and birds

AI-generated content may be incorrect.

**Hi there! I’m Melanie — founder of KANDgoods, nurse practitioner, mom of two, backyard herbalist, and soon to be certified functional medicine & holistic nutrition practitioner.**

The story of KANDgoods begins with my husband, Tony.

Tony was first diagnosed with rectal cancer in 2021, just before the birth of our second son, Nathan. With surgery and faith, he was cured, and we gratefully returned to our normal life. But as the saying goes, “Man plans, God laughs.” In 2023, the cancer returned — at less than a 5% chance of reoccurrence from his Stage I diagnosis, but this time at Stage IV.

Looking back, we began to question everything, especially what we were putting into our bodies. Determined to take control of what we could, I started a garden, brought in chickens, invested in a flour grinder — and soon our suburban homestead was thriving.

As an oncology nurse practitioner by trade, I have a deep and profound respect for the role of allopathic medicine. I believe that true health comes from not only recognizing the miracles of modern medicine but also respecting our roots in herbal options (pun intended). This journey has opened my eyes to the power of integrative, holistic healing. I began growing and cultivating my own herbs, and from that, KANDgoods was born.  
  
Named after our sons — Kevin Anthony and Nathan Domenik — who even helped name some of our products, KANDgoods is more than a business. It’s a reflection of our journey, our healing, and our hope.  
  
While I work towards my functional medicine and holistic nutrition certifications, and with a little grace and aa lot of effort eventually my own holistic clinic, I invite you to join me at a local farmer’s market or visit my website when it is finished. Please feel free to follow me @KANDgoodsllc as this project of love and light evolves and grows.

At KANDgoods, you’ll find small-batch, hand-crafted remedies that support the body and soul — teas, tinctures, salves, and more — all rooted in the belief that healing starts at home.

Our name is a tribute to our sons: **Kevin Anthony** and **Nathan Domenik** — K.A.N.D. — who also help with the garden and naming the goodies!

**Thanks for stopping by our booth and consider these perks during your next farmer’s market visit!**

* **$2.00 off a product per bottle you bring back! Bring back more bottles, save more money!**
* **Military, Medical, Teachers, and Trade Workers receive an extra 10% off total purchase**
* **Custom herbal items available, get 10% off consultation and 20% off if subscription is purchased.**

**Thank you for supporting my small business!**